



University of Balamand

Office of Athletics, Wellness and Recreation

Varsity Teams Schedules

Schedule of the Hariri Indoor Court

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3:30 - 4:00	Table Tennis with Dr. Elie Moussa (PHED 261)	Badminton / Table Tennis	Table Tennis with Dr. Elie Moussa (PHED 261)	Badminton / Table Tennis
4:00 - 4:30				
4:30 - 5:00				
5:00 - 5:30	Volleyball Men	Basketball Men	Volleyball Men	Handball Men
5:30 - 6:00				
6:00 - 6:30				
6:30 - 7:00	Volleyball Women	Futsal Women	Volleyball Women	Futsal Men
7:00 - 7:30				
7:30 - 8:00				
8:00 - 8:30	Basketball Women	Tennis	Basketball Women	Basketball Men
8:30 - 9:00				
9:00 - 9:30				

Schedule of the Track & the Green Field

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:00 - 4:30	Track & Field		Track & Field	
4:30 - 5:00				
5:00 - 5:30	Football Men / Track & Field	Rugby Men	Football Men / Track & Field	Rugby Men
5:30 - 6:00				
6:00 - 6:30	Football Men		Football Men	
6:30 - 7:00				

Schedule of the Outdoor Court

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00 - 5:30	Tennis	FREE	Tennis	FREE
5:30 - 6:00				
6:00 - 6:30				
6:30 - 7:00				

Schedule of Hamat Court

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:00 - 4:30	X	Futsal Men	X	Futsal Women
4:30 - 5:00				
5:00 - 5:30	Handball Men		X	
5:30 - 6:00				
6:00 - 6:30		X		
6:30 - 7:00				

	Varsity Teams Training Sessions
	Physical Education Classes
	Free