### Schedule of the Body Building Room

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>8:00 - 8:30</td>
<td>Body Building with Dr. George Khoury sec 1 (PHED 208)</td>
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<td>8:30 - 9:00</td>
<td>Body Building with Dr. George Khoury sec 2 (PHED 208)</td>
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- **Varsity Teams Training Sessions**
- **Physical Education Classes**
- **Free**