Gymnasium Building
BODY BUILDING ROOM FALL 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 - 8:30	FREE	Preparation Physique II	Preparation Physique II	Preparation Physique II	Preparation Physique II	FREE	CLOSED
9:00 - 9:30							
9:30 - 10:00	Body Building PHED 208	FREE	Body Building PHED 208	FREE	Body Building PHED 208		FREE
10:00 - 10:30							
10:30 - 11:00	Body Building PHED 208		Body Building PHED 208		Body Building PHED 208		
11:00 - 11:30							
11:30 - 12:00	**Body Building** With Coach Guyo		**Aerobics & Fitness** PHED 272		**Body Building** With Coach Guyo		
12:00 - 12:30							
12:30 - 1:00	FREE	**Body Building** With Coach Guyo	FREE	**Body Building** With Coach Guyo	FREE		
1:00 - 1:30							
1:30 - 2:00				FREE			
2:00 - 2:30							
2:30 - 3:00							
3:00 - 3:30							
3:30 - 4:00							
4:00 - 4:30							
4:30 - 5:00							
5:00 - 5:30							
5:30 - 6:00							
6:00 - 6:30							
6:30 - 7:00							
7:00 - 7:30							
7:30 - 8:00							
8:00 - 8:30							
8:30 - 9:00							CLOSED