

Gymnasium Building

GYMNASTICS & MARTIAL ARTS ROOM

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

8:00 - 8:30
8:30 - 9:00
9:00 - 9:30
9:30 - 10:00
10:00 - 10:30
10:30 - 11:00
11:00 - 11:30
11:30 - 12:00
12:00 - 12:30
12:30 - 1:00
1:00 - 1:30
1:30 - 2:00
2:00 - 2:30
2:30 - 3:00
3:00 - 3:30
3:30 - 4:00
4:00 - 4:30
4:30 - 5:00
5:00 - 5:30
5:30 - 6:00
6:00 - 6:30
6:30 - 7:00
7:00 - 7:30
7:30 - 8:00
8:00 - 8:30
8:30 - 9:00

Gymnastique Ryt PHED 222	CLOSED	Gymnastique Ryt PHED 222	CLOSED	Gymnastique Ryt PHED 222	CLOSED	CLOSED	
Gymnastique II PHED 221	FREE	Gymnastique II PHED 221	FREE	Gymnastique II PHED 221	FREE		
Gymnastique II PHED 221		Gymnastique II PHED 221		Gymnastique II PHED 221			
Aerobics & Fitness PHED 272	Yoga	Aerobics & Fitness PHED 272	Yoga	Aerobics & Fitness PHED 272	Parkour		
Sport de Combats I PHED 270	Elementary Schl PHED 207	Sport de Combats I PHED 270	Elementary Schl PHED 207	Sport de Combats I PHED 270	FREE		
Martial Arts	Parkour	Martial Arts	Parkour	Martial Arts			
FREE	Aerobics	FREE	Aerobics	FREE	FREE		
	FREE		FREE				FREE
FREE	FREE	FREE	FREE	FREE	CLOSED		FREE
FREE	FREE	FREE	FREE	FREE	CLOSED		CLOSED