University of Balamand

Office of Athletics, Wellness and Recreation

Schedule of the Indoor Court

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - 8:30	Physical Education classes	Physical Education classes	Physical Education classes	Physical Education classes	Physical Education classes
8:30 - 9:00					
9:00 - 9:30					
9:30 - 10:00					
10:00 - 10:30					
10:30 - 11:00					
11:00 - 11:30					
11:30 - 12:00					
12:00 - 12:30	FREE		FREE		FREE
12:30 - 1:00		RESERVED FOR STAFF & FACULTY		RESERVED FOR STAFF & FACULTY	
1:00 - 1:30	Physical Education classes		Physical Education classes		Physical Education classes
1:30 - 2:00					
2:00 - 2:30	FREE	FREE	FREE	FREE	FREE
2:30 - 3:00					
3:00 - 3:30	Physical Education classes		Physical Education classes		Physical Education classes
3:30 - 4:00		Handball Women		Badminton Men & Women & Table Tennis Men & Women	
4:00 - 4:30	FREE		FREE		Futsal Men
4:30 - 5:00					
5:00 - 5:30	Volleyball Men	Badminton Men & Women & Table Tennis Men & Women	Volleyball Men	Futsal Women	
5:30 - 6:00					
6:00 - 6:30					FREE
6:30 - 7:00	Volleyball Women	Basketball Women	Volleyball Women	Basketball Women	
7:00 - 7:30					
7:30 - 8:00					
8:00 - 8:30	Handball Men	Basketball Men	FREE	Basketball Men	
8:30 - 9:00					
9:00 - 9:30					

Varsity Teams Training Sessions

Physical Education Classes

Free