The 1st International Lebanese Medical Association Congress

Hosted by the University of Balamand Faculty of Medicine and Medical Sciences in collaboration with Saint George Hospital University Medical Center

‘Advances in Medicine Beyond Borders’

July 8 - 9, 2015

University of Balamand, Beirut Campus, Saint George Hospital University Medical Center, Batlouni Amphitheatre

Inaugural day July 7th at 10:00am at Lebanese Order of Physicians – Beirut Lebanon
Welcome Message

Dear colleagues,

On behalf of The International Lebanese Medical Association (ILMA), and the University Of Balamand in collaboration with Saint George Hospital University Medical Center, we welcome you to Lebanon for the **“The 1st International Lebanese Medical Association Congress”** with the team of **“Advances in Medicine Beyond Borders”**.

The International Lebanese Medical Association is a non-political, non-denominational association connecting the Lebanese Medical societies throughout the world that have been formed by health professionals who share Lebanese Heritage and interests in health, education and research within and outside of Lebanon. The International Lebanese Medical Association is currently comprised of the following foundation countries: Australia, Belgium, Brazil, Canada, France, Italy and the United States of America. By connecting ILMA members around the world together we play an important role in being the bridge builders and enhancers of this great human profession we have been called to. Medicine is a great calling and our Lebanese heritage plays an important role in viewing medicine as a calling, rather than just a profession. The greatest challenge facing healthcare today around the world and in our beloved Lebanon is not simply the economics but rather the identity of medicine and its caring dimension. Hence, the greatest need in healthcare today, on a global basis, is the caring aspect of healthcare.

In this congress you will be joining colleagues from around the globe, with cutting-edge science, collegial interactions, and program tracks geared to meet your individual needs. This meeting promises to be a great educational opportunity for all of us who want to stay current, apply state-of-the art science to clinical care, and network with colleagues from around the world.

*Sincerely,*

*On Behalf of the Foundation Committee of The International Lebanese Medical Association*

Ray Hachem, MD
Organizing Committee

Ray Y Hachem, MD                  Program Chair
Walid Ahmar, MD                   Program Co-Chair
Camille Nassar, PhD              Program Co-Chair
Claude Afif, MD
Jamal Ayoubi, MD
Elie Chelala, MD
Mary Choukair, MD
Fady B. Geara, MD, PhD
Imad El-Hajj, MD
Jihad Irani, MD, MPH
Roula Husni-Samaha, MD
Jean-Claude Lahoud, MD, PhD
Issam Raad, MD
Riad Sarkis, MD
Toufic Sleiman, MD
Pierre Yared, MD
Faculty List

**Hussein A. Abbas, MD, PhD**  
Odyssey Fellow  
Department of Molecular and Cellular Oncology  
U T. M D Anderson Cancer Center  
Department of Molecular and Cellular Biology  
Baylor College of Medicine

**Walid Ahmar, MD**  
Monashealth Medical Center,  
Monashealth Melbourne Victoria

**Joseph Akar, MD, PhD**  
Associate Professor of Medicine  
Director, Cardiac Electrophysiology Laboratory  
Yale University  
Clinical Electro Physiologist  
Saint George Hospital University Medical Center  
Beirut, Lebanon

**Mustafa Alloush, MD**  
Director of General Surgery  
Nini General Hospital  
Tripoli, Lebanon

**Ziad Al Rassi, MD**  
Professor of General Surgery  
Chief of Department  
Ancient President of the Medical Committee  
Saint George Hospital University Medical Center  
Beirut, Lebanon

**Renato S. Assad, MD, PhD**  
Heart Institute University of Sao Paula  
Division of Surgical Research  
Sao Paulo, SP- Brazil

**Walid Ayoub, MD**  
Assistant Medical Director  
Liver Transplant Program  
Cedars Sinai Medical Center  
Los Angeles, CA 90048

**Elie H. Chelala, MD**  
Advance Laparoscopic Digestive Surgery  
Chief of Obesity Surgery Unit  
Noter Dame Des Secours – Hospital  
Jbei, Lebanon

**Roy F. Chemaly, MD, MPH**  
Professor of Medicine  
Director, Infection Control Section  
Director of Clinical Virology  
Department Of ID/IC/EH  
UT MD Anderson Cancer Center  
Houston, Texas

**Donald J. Eddé, MD**  
Radiologist-In-Chief  
Hopital Jean Talon  
Director Ellendale Radiology  
Director Radiologie Coeur De l’Ile  
Montreal, Quebec

**Fadi El-Merhi, MD**  
Clinical assistant professor of the  
Department of Diagnostic Radiology  
American University of Beirut –Medical Center,  
Beirut, Lebanon

**Akram Echtay, MD**  
Associate Professor  
Lebanese University Medical Hospital  
Beirut, Lebanon

**Emily Fayad, MD**  
Radiology Department  
Saint George Hospital University Medical Center

**Marie-Helene Ghannajé, MD**  
Professor of Endocrinology  
Head of Division of Endocrinology & Metabolic Diseases  
Hotel Dieu de France  
Beirut, Lebanon

**Ray Hachem, MD**  
Professor Of Medicine  
Director, Infectious Diseases Trainee  
and Observership Program  
Department Of ID/IC/EH  
UT MD Anderson Cancer Center  
Houston, Texas

**Mohamad Houri, MD**  
Assistant Dean and Associate Professor of Ophthalmology  
Faculty of Medicine, Beirut Arab University  
BMG-Khoury Hospital, Private Clinics  
Beirut, Lebanon
Faculty List

Roula Husni-Samaha, MD
Chief of Infectious Diseases
Head of Infection Control
At UMCRH
Beirut, Lebanon

Souha Kanj, MD
Professor of Medicine
Head Division of Infectious Diseases,
Chairperson, Infection Control Program
American University of Beirut Medical Center
Beirut, Lebanon

Maroun Karam, MD
Professor of Radiology and Nuclear Medicine
Director of Nuclear Medicine
Saint George Hospital University Medical Center
Lebanese American University / Risk Hospital
Beirut, Lebanon

Mohamad Khalifeh, MD
Professor of Clinical Surgery
Fellow of the American College of Surgeons
Fellow of the Royal College of physicians
Fellow of the Royal College of Surgeons

Marwan Obaid, MD
Clinical Endocrinologist - UNSW
Bankstown Hospital
Australia

Carla Sawan, MD
Assistant Professor of Medicine
Division of Endocrinology
Saint George Hospital University Medical Center
Beirut, Lebanon

Georges Saade, MD
Cardiologist,
Bellevue Medical Center
Beirut, Lebanon

Riad Sarkis, MD
General Surgery
Hôtel-Dieu De France
Beirut, Lebanon

Abdel Rahman Shatila, MD
Head of Neurology,
Rafic Hariri University Governmental Hospital
Clinical Professor in Neurology,
Beirut Arab University
Beirut, Lebanon

Daniel Shedid, MD
Associate Professor University Of Montreal
Centre Hospitalier De l'Université De Montréal
Chef Du Service De Neurochirurgie
1560 Sherbrooke Est, Montreal, Quebec
Canada, H2L 4M1

Toufic Sleiman, MD
Department Of Ophthalmology
Brazilian Association Of Traffic Medicine.
Sao Paulo SP, Brazil

Dimas Suki, PhD
Professor
Department of Neurosurgery
UT MD Anderson Cancer Center
Houston, Texas
### Scientific Program

**Wednesday 8th of July, 2015**

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<th>Time</th>
<th>Session 1 - Infectious Disease</th>
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<tr>
<td>08:30</td>
<td>Registration</td>
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<tr>
<td>08:50 - 09:00</td>
<td>Welcome</td>
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<tr>
<td>09:00 - 09:25</td>
<td>Updates in Hepatitis C</td>
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<td>09:25 - 09:50</td>
<td>Immune Response and Monitoring of Opportunistic CMV Infections in Hematopoietic Cell Transplant Recipient</td>
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<td>09:50 - 10:15</td>
<td>Resistance Patterns in Gram Negatives</td>
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<td>10:15 - 10:30</td>
<td>Coffee Break</td>
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### Session 2 - General Surgery

**Moderators:** Mustapha Alloush, MD - Riad Sakris, MD

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<tr>
<td>10:30 - 10:55</td>
<td>Update on Hepato Pancreaticobiliary Surgery</td>
</tr>
<tr>
<td>10:55 - 11:20</td>
<td>Bariatric Surgery and Diabetes</td>
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<tr>
<td>10:55 - 11:20</td>
<td>Update and innovative SILS techniques in Digestive Surgery</td>
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### Session 3 - Ophthalmology & Neurology

**Moderators:** Abdel Rahman Shatila, MD

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<tr>
<th>Time</th>
<th>Session 3 - Ophthalmology &amp; Neurology</th>
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<tr>
<td>11:45 - 12:10</td>
<td>Vision Impairment and Driving</td>
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<td>12:10 - 12:35</td>
<td>Minimally Invasive Spine Surgery Indications and Limitations</td>
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<tr>
<td>12:35 - 13:00</td>
<td>Vision 2020 in 2015</td>
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### Satellite Symposium

**Update on TB screening Strategies: The Role of IGRAs**  
*supported by Oxford Immunotec*

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<th>Time</th>
<th>Satellite Symposium</th>
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<tr>
<td>13:00 - 14:00</td>
<td>Update on TB screening Strategies: The Role of IGRAs</td>
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<td>Ray Hacchem, MD</td>
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Scientific Program

Thursday 9th of July, 2015

08:30  Registration

**Session 1 - Cardiology**

Moderator: Georges Saadé, MD

09:00 - 09:25  Fetal Cardiac Surgery and the Future of Cardiac Research  
Renato S. Assad, MD, PhD

09:25 - 09:50  Management of Ecstatic Vessels in AMI  
Walid Ahmar, MD

09:50 - 10:15  Recent Advances in Interventional Electrophysiology  
Joseph Akar, MD

10:15 - 10:30  Coffee Break

**Session 2 - Endocrinology**

Moderator: Akram Echtay, MD

10:30 - 10:55  Ramadan & Diabetes  
Marwan Obaid, MD

10:55 - 11:20  Islet Cell Transplant  
Carla Sawan, MD

11:20 - 11:45  Updates in Vitamin D  
Marie-Helene Ghannajé, MD

**Session 3 - Radiology**

Moderator: Emily Fayad, MD

11:45 - 12:10  Breast Imaging: Diagnosis and Intervention 2015 Update  
Donald J. Eddé, MD

12:10 - 12:35  Updates in PET scan  
Maroun Karam, MD

12:35 - 13:00  MRI in Prostate Disease  
Fadi El-Merhi, MD

13:00 - 13:30  Award Scholarships Presentation

13:30  Lunch Break  
offered by UOB/SGHUMC

15:00 - 16:00  Workshop I:

Empowering Your Medical Career:  
What Is Beyond Academia and Residency Career Tracks?  
Ray Hachem, MD

Hussein A. Abbas, MD, PhD

16:00 - 17:00  Workshop II:

Common Pitfalls in Research Protocol Development  
Dima Suki, PhD